The Present Situation and Analysis of the Development of Football in the High School in Wuchuan County

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Abstract

On June 10, 2009, the State General Administration of sports and the Ministry of Education jointly issued the notice on the development of national youth campus football activities, emphasizing the necessity of campus football. The purpose of the orderly development of campus football is to enhance students' physical and psychological quality, and also to promote students' communication and coordination ability, team cooperation ability and indomitable fighting spirit. This paper mainly uses the method, mathematical statistics, field investigation, literature, questionnaire and other methods. This paper investigates and analyzes the current situation of campus football in Wuchuan County (China) from the aspects of curriculum, teaching staff, cultural publicity and extracurricular practice, finds out the existing problems, and puts forward some effective suggestions, hoping to provide some reference for the better development of campus football in Wuchuan County in the future.

Keywords

High school; Campus football; Current situation; Analysis.

1. INTRODUCTION

Football is a popular sport, which plays an important role in enhancing the physical and psychological quality of students. At the same time, it is also conducive to the cultivation of students' team cooperation ability and innovative spirit, which has important practical significance [1]. Campus football mainly takes primary school as the starting point and applies football training, football culture and football skills to teaching. Its purpose is to cultivate teenagers' interest in football, make students exercise in football, enhance their willpower and quality, and cultivate students' sense of unity and cooperation and the spirit of not afraid of difficulties [2, 3]. This paper uses the methods of literature, questionnaire, interview, field investigation, mainly from the curriculum, teachers, venues and facilities, after-school practice, competition, publicity and other aspects, through the reasonable investigation and analysis of the current situation of campus football in Wuchuan County, finds out some problems, and puts forward some suggestions on the existing problems, hoping to provide reference for the future Wuchuan high school campus football development to provide some reference.

2. RESEARCH OBJECTS AND METHODS

2.1. Research Objects

The main research objects are students and physical education teachers from No.1 Middle School of Wuchuan County, Zhuoshui Middle School of Wuchuan County, national boarding middle school of Wuchuan County and Huijia middle school, in China.
2.2. Research Methods

Literature method: Through the collection of information in the school library, using HowNet to consult the relevant literature about "campus football" and "high school football", through sorting out the relevant information, this paper obtains a reasonable basis for the writing of the article.

Questionnaire survey: In my tutor's careful help, through to "Wuchuan County high school campus football development present situation" to make the questionnaire. 400 students from No.1 Middle School of Wuchuan County, Zhuoshui Middle School of Wuchuan County, ethnic boarding middle school of Wuchuan County and Huijia middle school were given questionnaires [4]. Each school randomly distributed 100 questionnaires, and 360 valid questionnaires were collected, with an effective questionnaire rate of 90%. At the same time, a questionnaire survey was conducted among 18 PE teachers. At last, 18 questionnaires were collected, and the effective rate of the questionnaire reached 100%.

Field investigation: With an objective attitude and scientific evaluation, this paper analyzes the phenomenon of campus football in four senior high schools, including Wuchuan No.1 middle school, Wuchuan Zhuoshui middle school, Wuchuan national boarding middle school and Huijia middle school, and concludes the current situation of campus football in Wuchuan County.

Interview method: This paper mainly selects some PE teachers from No.1 Middle School in Wuchuan County, Zhuoshui middle school in Wuchuan County, ethnic boarding middle school in Wuchuan County and Huijia middle school to interview and provide data and information for writing the paper. This paper focuses on the current situation and Strategies of high school football development in Wuchuan County.

Mathematical statistics: Through Excel software, Wuchuan County high school campus football development status of the data has been reasonable statistics.

3. RESULTS AND ANALYSIS

3.1. Development of Football Course in High School Campus

Firstly, we get the analysis of class hours in football class. According to the interview with PE teachers, the current football class hours in Wuchuan County high school are less, generally 1-2 class hours every two weeks, which is difficult to meet the needs of students.

<table>
<thead>
<tr>
<th></th>
<th>Total class hours per semester</th>
<th>Football class hours</th>
<th>Proportion (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wuchuan No.1 middle school</td>
<td>36</td>
<td>15</td>
<td>41.7</td>
</tr>
<tr>
<td>Zhuoshui middle school</td>
<td>36</td>
<td>8</td>
<td>22.2</td>
</tr>
<tr>
<td>National boarding middle school</td>
<td>36</td>
<td>13</td>
<td>36.1</td>
</tr>
<tr>
<td>Huijia middle school</td>
<td>36</td>
<td>7</td>
<td>19.4</td>
</tr>
</tbody>
</table>

It can be seen from table 1 that the class hours of the investigated high school students in Wuchuan County are relatively small, which is difficult to meet the needs of students, especially Huijia middle school and Zhuoshui middle school in Wuchuan County.

Then, we get the analysis of students' love for football class. Interest is the first driving force to cultivate football. If students are interested in football, they will continue to take part in the exercise actively and master all kinds of action skills and tactics, which is conducive to
improving the teaching effect. During the visit, we found that only a few of the high school students in Wuchuan County are very interested in football. Most of the students do not want to devote their time to campus football activities because of the pressure of study [5].

The third step is the about the football teaching content. Whether the football teaching content can meet the needs of students’ own development determines whether the campus football work in Wuchuan County has achieved effective main effect.

### Table 2. Main teaching contents of high school football in Wuchuan county (n = 360)

<table>
<thead>
<tr>
<th>Teaching content</th>
<th>Tactics</th>
<th>Round</th>
<th>Shoot</th>
<th>Dribble</th>
<th>Match</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wuchuan No.1 middle school</td>
<td>8</td>
<td>31</td>
<td>17</td>
<td>34</td>
<td>5</td>
</tr>
<tr>
<td>Zhuoshui middle school</td>
<td>6</td>
<td>30</td>
<td>19</td>
<td>31</td>
<td>4</td>
</tr>
<tr>
<td>National boarding middle school</td>
<td>9</td>
<td>27</td>
<td>21</td>
<td>29</td>
<td>5</td>
</tr>
<tr>
<td>Huijia middle school</td>
<td>3</td>
<td>25</td>
<td>14</td>
<td>25</td>
<td>7</td>
</tr>
<tr>
<td>Proportion (%)</td>
<td>7.62</td>
<td>32.39</td>
<td>19.78</td>
<td>33.38</td>
<td>6.83</td>
</tr>
</tbody>
</table>

From table 2, it can be seen that the students of Wuchuan County high school surveyed believe that football teaching content is mainly around the bar and dribble. For the technical tactics and the form of the game, the attraction to the students is obviously insufficient. The selection of “round the pole and dribble” accounts for 31.39% and 33.06%, only 5.83% of the students are the teaching content of the game. It is fully explained that there are serious defects in football teaching content in Wuchuan County, so it is necessary to optimize the teaching content, so as to stimulate students’ interest in learning.

The forth step is to get the effect of teaching materials. Through the interview, we can see that in the process of football teaching in Wuchuan County, there are irresponsible and arbitrary teaching behaviors. Even, a few PE teachers never prepare teaching plans and the teaching contents are incomplete.

At last, we study the teaching methods. Physical education teaching method refers to the general term of the interaction between teaching and learning in order to reach the teaching goal by the teachers through the learning activities of students. At present, in the football teaching of high school in Wuchuan County, the teaching methods of teachers are relatively single, most of them are carried out according to the demonstration of explaining actions, and few modern teaching methods such as games and competitions. There are few lectures on some common skills of hitting, important strength exercises, and how to prevent and avoid sports injury in sports.

### 3.2. The Situation of High School Football Teachers

The investigated high school teachers in Wuchuan County have average football teachers, 66.67% of them are non special football teachers

### 3.3. High School Football Field and Facilities

The investigated high schools in Wuchuan County have less football, especially Huijia middle school, which has a smaller football field and the least football. Through the visit also found that the current site and construction level is not optimistic.
Table 3. Wuchuan County high school football facilities and equipment

<table>
<thead>
<tr>
<th>Venue equipment</th>
<th>Track (m)</th>
<th>Texture</th>
<th>Football</th>
<th>Goal big / small</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wuchuan No.1 middle school</td>
<td>400</td>
<td>Artificial turf</td>
<td>120</td>
<td>2/4</td>
</tr>
<tr>
<td>Zhuoshui middle school</td>
<td>400</td>
<td>Artificial turf</td>
<td>100</td>
<td>2/4</td>
</tr>
<tr>
<td>National boarding middle school</td>
<td>400</td>
<td>Artificial turf</td>
<td>120</td>
<td>2/4</td>
</tr>
<tr>
<td>Huijia middle school</td>
<td>200</td>
<td>Artificial turf</td>
<td>80</td>
<td>0/2</td>
</tr>
</tbody>
</table>

3.4. Football Training After Class

In the after-school time, football practice is an important part of the campus football activities, which determines whether a high school can achieve effective football culture construction in the campus. According to the interview, some PE teachers said that most students have seldom participated in free football training, some of them are not interested in football, others are not spending too much time on football training because of the high learning pressure.

3.5. Football Match of High School

In the high school campus football activities, through the interview, we know that at present, there are few football matches in each high school, and there are few organized matches within each school, so it is difficult to form a large scale and complete system of matches.

3.6. Ways of Football Culture Propaganda

In the process of the development of high school campus football activities, the publicity of football culture is also an important basis for the development of high school campus football activities in Wuchuan County. According to the interview, there is little publicity of campus football culture construction, and the way is backward. In order to know more about the development of Wuchuan high school campus football, we should strengthen the publicity of football culture.

4. CONCLUSION AND SUGGESTION

4.1. Conclusion

There are few football lessons and students are not interested in it. Wuchuan County high school football class is less, generally about 10 hours per semester, it is difficult to meet the needs of students; Wuchuan County high school students only a very small number of students are interested in football, most students do not want to spend too much time on campus football activities because of heavy learning pressure, Wuchuan County high school students are not interested in the existing football teaching content, most students do not like to listen to teaching Teachers teach football skills, and prefer to spend most of their time in football games.

Lack of football teachers, equipment is not complete. The number of high school football teachers in Wuchuan county is small, many schools only have 1-2 football special physical education teachers, mainly with undergraduate education, less graduate education, doctoral degree of physical education teachers almost no, the current football teachers in general. The field and equipment that can be used for campus football activities are not enough, and the use of the field is not carried out in accordance with strict rules and regulations, so that the football field is disorderly used, and the current field and construction level is not optimistic.

The number of football practice after class is less, and the organization of the game is less. The number of students participating in football practice in their spare time is very small, some students are not interested in football, others are not involved in their spare time because of the heavy study. The number of students to participate in extracurricular football practice is very
small, most of the students do not practice football more than 5 times per semester. It is difficult to form a huge scale of competition and a complete system. The organization level of the competition is relatively low.

Football culture publicity is not enough. Wuchuan County high school for campus football development process, there are serious defects in the work of cultural propaganda, cultural construction, propaganda is not big enough, propaganda way is relatively backward. At present, the ways to understand the campus football culture mainly focus on the school communication, and there is still a large space for the use of new media such as network and wechat.

4.2. Suggestion

Firstly, we need optimize the curriculum, stimulate students' interest in learning. Relevant departments in Wuchuan county can provide more platforms to encourage high school students, communities and enterprises to organize a variety of after-school football activities to improve the effect of the practice.

Secondly, we should introduce special teachers, strengthen the training of in-service teachers, improve the comprehensive level of teachers, and appropriately increase the investment in venues and equipment. In addition, we need enrich the forms of activities and promote football practice after class.

At last, we should strengthen inter school communication, actively use new media to create a good atmosphere. In the future, Wuchuan county should also encourage high schools to organize more exchanges and competitions between schools, narrow the campus football gap between high schools through the development of activities, and improve the organization ability of football games. We should further pay attention to publicity work, make full use of resources such as campus network, WeChat official account and WeChat group, and publicize the achievements and breakthroughs of our school football sports so as to create a good atmosphere in the whole school.

REFERENCES