

Thinking on Method Consciousness and Problem Consciousness of Sports Humanistic Sociology

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Abstract

With the development of society, the importance of sports is becoming more and more prominent, which has been widely concerned by government departments and all sectors of society. People's awareness of participating in physical exercise is also gradually improved. With the deepening of teaching reform, sports humanistic sociology has become the research object of many sports educators. In order to promote the development of sports in China, relevant sports workers should strengthen the research on sports humanistic sociology. This paper mainly discusses the method consciousness and problem consciousness of sports humanistic sociology for reference.

Keywords

Sports humanities sociology; Method consciousness; Problem awareness; Necessity.

1. INTRODUCTION

The research of sports humanistic sociology is related to the development of sports in China. At this stage, after the baptism of the summer Olympic Games and the Winter Olympic Games, China's sports industry is in the stage of rapid development. The concept of national participation in sports has also begun to take root in the hearts of the people. Therefore, sports humanistic sociology has been developed, and the research on Sports humanistic sociology is becoming more and more diversified. At this stage, national sports has received extensive attention, which has had an impact on the research of humanistic sociology, resulting in the influence on the method consciousness and problem consciousness of relevant personnel. Therefore, it is very necessary to study the method consciousness and problem consciousness of sports humanistic sociology.

2. A BRIEF ANALYSIS OF THE RESEARCH STATUS OF METHOD CONSCIOUSNESS AND PROBLEM CONSCIOUSNESS IN SPORTS HUMANISTIC SOCIOLOGY

2.1. Weak Method Awareness

Sports humanistic sociology and modern socialist modernization are developing in the same direction, because sports humanistic sociology contains a strong humanistic spirit and takes the summary of social phenomena and practice as the key content. Sports humanistic sociology is constantly changing. With the change of market demand and policy, sports humanistic sociology will also make corresponding adjustments. Therefore, sports humanistic sociology has obvious phased characteristics. After the reform and opening up, sports humanistic sociology has achieved rapid development, which involves a wider range of fields, and also began to think deeply about the sports industry. However, its research direction is also constantly changing, and gradually formed a research atmosphere of pursuing hot spots. The

number of research scholars for hot spots is increasing, which also reflects the weak sense of method from the side.

2.2. Vague Problem Awareness

The advancement of reform and opening up has changed the research direction of sports humanistic sociology. Its research focus is how to use sports humanistic sociology to solve the problems in sports development and promote the development of sports. Although the research direction of sports humanistic sociology is consistent with the concept of sports circles. However, in this context, sports humanistic sociology is easy to ignore the research on the basis and theory, resulting in some basic questions can not give recognized answers, and many research results lack the support of basic theories, which hinders the in-depth research of sports humanistic sociology. At the same time, in the research of humanities sociology, some scholars just blindly copy the research results of the west, lack of self-research, and it is difficult to reflect their own characteristics.

3. ON THE NECESSITY OF STRENGTHENING THE METHOD CONSCIOUSNESS AND PROBLEM CONSCIOUSNESS OF SPORTS HUMANISTIC SOCIOLOGY

Sports humanities and sociology is an interdisciplinary subject, which embodies the color of social science. Therefore, in the research of sports humanistic sociology, we should also highlight its own characteristics and establish a consistent problem consciousness and method consciousness. The research focus of sports humanistic sociology is mainly reflected in two aspects. One is to find out the social problems existing in sports development, clarify the causes of the problems, and find the corresponding countermeasures combined with the causes; The second is to provide theoretical support for research and solve relevant problems. However, in the process of sports humanistic sociology research, there is a problem of weakening consciousness and method. For example, many scholars focus on social phenomena and social behavior, and do not conduct in-depth research on its causes. Although there are some excellent achievements in the research of sports humanities and sociology, the existing achievements are not enough to promote the development of sports. Therefore, it is very necessary to strengthen the method and problem consciousness of sports humanistic sociology.

4. THOUGHTS ON THE PROBLEM CONSCIOUSNESS AND METHOD CONSCIOUSNESS OF SPORTS HUMANISTIC SOCIOLOGY

4.1. Pay Attention to the Establishment of High Awareness

To establish a high degree of consciousness requires the relevant research scholars of sports humanities and sociology to establish a high degree of consciousness and improve the research height in the research process, so that their research can meet the practical needs and have a certain practical significance, so as to highlight the method consciousness. Therefore, in the process of research, relevant scholars should start from the foundation, be able to conduct in-depth mining and analysis of the content in the research process, and provide support for their research by consulting a large number of materials, so that they can overcome the problems that have not achieved research results and form certain research results. In short, high awareness requires relevant scholars to have the courage to break through and the awareness of research in fields that have not been involved, It can enrich its own research content and get the methods to solve the problems in the process of sports development. At the same time, relevant research scholars should also have a sense of innovation and be able to actively innovate the previous research results. Therefore, innovation consciousness is also the embodiment of high consciousness.

4.2. Pay Attention to the Establishment of Angle Consciousness and Scale Consciousness

Angle consciousness and scale consciousness play a very important role in method consciousness. First of all, angle consciousness means that relevant scholars should choose the right angle and right method to carry out research work in the process of research. In other words, relevant research scholars should choose the research angle in combination with the problems that need to be solved urgently in the current development of sports, and based on this angle, adhere to the development of research work, do not blindly pursue research hotspots, ensure the long-term and sustainability of research, and carry out research work unremittingly. At the same time, we should also pay attention to basic research and constantly enrich its basic theoretical knowledge. Scale consciousness means that relevant scholars should pay attention to the depth of research in the process of research, not stay on the surface of the problem, but deeply explore the essence of the problem. At the same time, we should also ensure the authenticity of the research results, not exaggerate the research results, and the research work must be based on the reality of sports development. In other words, relevant scholars can choose a small path to conduct in-depth research and obtain new research results, so that their research can be unique.

4.3. Academic Research Should Be Based on Practical Problems

The development of sports in China benefits from the promotion of history. The research on sports humanistic sociology should start from the actual problems in the development of sports, based on solving practical problems, and should not pursue short-term hot spots. It should be committed to long-term research on the problems that need to be solved urgently, so as to solve practical problems with the theory of humanistic socialism. At the same time, the research of sports humanities and sociology should also be combined with the development needs of socialist sports. On the basis of paying attention to basic research, basic research should be combined with practical problems to provide support for the development of socialist sports. Therefore, the research of sports humanistic sociology should require researchers to have problem consciousness, take the problem as the focus of research, and carry out in-depth research work.

4.4. Pay Attention to the Collection and Sorting of Folk Sports Materials

China is a unified multi-ethnic country. Each nation has its own national culture and sports culture, and has formed its own sports customs in the process of their own development [4]. The research of sports humanistic sociology should also pay attention to the collection and sorting of sports materials of all ethnic groups, so as to provide support for its research. There are many ethnic minorities in China, and the distribution of ethnic minorities also has certain characteristics, which is in a point distribution. Therefore, there are few records about minority sports activities and sports customs in many materials, and many contents are not reflected in the records. Therefore, relevant scholars should be prepared for in-depth research, go deep into ethnic minorities, go to ethnic minorities to investigate and collect sports materials, and understand the contents and characteristics of sports activities of ethnic minorities in detail, so as to provide support for the research of sports humanities and sociology, so as to promote and promote the development of sports in China.

4.5. Establish Awareness of Problem Analysis

Problem analysis awareness requirements. Relevant scholars can make specific analysis on specific problems in the research of humanistic sociology. China has a vast territory and rich types of sports activities. Although different sports activities in different regions have certain similarities, they also have different requirements and characteristics and have their own characteristics [5]. Therefore, in the relevant research, specific problems need to be analyzed.

Tibetan ancestors lived a nomadic life. Therefore, the Tibetan people received Equestrian Training from an early age and had exquisite equestrian skills. The contents of Tibetan equestrian competitions are also very rich. For example, taking Tibetan horse racing as an example, they compare the speed of horse running and the riding skills of riders. Mongolian people live on the prairie. The main sports activities of Mongolian people are archery, equestrian, horse riding and camel racing. It can be seen that different nationalities live in different environments and have different living habits and characteristics, so the content of sports activities is also different. Therefore, the research scholars of sports humanities sociology should establish the problem consciousness, and be able to carry out specific analysis on specific problems in their research links, so that the problems can be effectively solved.

5. CONCLUSION

Sports humanistic sociology started late in China. Therefore, China should strengthen the research on sports humanistic sociology in order to provide theoretical support for the development of sports in China. This requires the research scholars of sports humanities and sociology to establish the awareness of problems and methods, pay attention to basic research, select the research angle, clarify the research angle and improve the research height. They should also carry out research work in combination with practical problems and socialist modernization, so as to study more theoretical achievements with their own characteristics, so as to further promote the development of China's sports cause.

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