

Research on the Status Quo of Gyroscopic Sports in Hechi Campus

Bo Yang

Zhaoqing University, Guangdong, China

Abstract

This activity has been popular among the people for a long time in northwGuangxinZhuanguAutonomoumRegionilt. it has strong entertainment, interest and local culture with national characteristilt. it is easy to learn, develop and popularize. With the development of multi-culture, more and more primary and secondary schools in Hechi have launched the "Zhuang traditional sports into the campus" activities, including top as a must-have local popular projects. Bringing the gyroscope movement to Hechi campuses not only enriches the curriculum, but also allows local ethnic cultures to be passed on. With the development of gyroscope, many problems have been found in the course of research and investigation. To understand the status of gyros in Hechi Hechi schools and to provide advice and suggestions on the development of gyros in Hong Kong. How to solve the problem of how to continue the inheritance and development of gyroscope in the Hechi campus.

Keywords

Traditional sports; Gyroscope; Campus; Inheritance and development.

1. THE CULTURAL BACKGROUND OF GYROSCOPE

We can understand the meaning and feasibility of the gyroscope movement on campus by understanding the origin, development and current situation of the gyroscope movement in Hechi.

(1) the development of gyroscopic movement originated from the gyroscopic movement, which has a long history and has always been loved by people. The gyroscope is popular in the minority areas of Hechi, a region that includes many ethnic groups, such as Huanjiang Maonan Autonomous County and Du'an Yao Autonomous County. He moved from the countryside to the city stage and was gradually included in Hechi's primary and secondary school sports. In addition, some kindergartens also gradually increase the teaching of gyroscope. The main game of the top is to use a whip to continuously whip the top so that the ground keeps spinning, to determine the length of time to win or lose. [1]

(2) analysis of the current situation of the development of the top-up sports in Hechi Hechi Education Bureau attaches great importance to the inheritance and development of the traditional top-up sports in Hechi schools. Since 2010, Hechi has organised a gyroscope-related school competition every year and organised teams of students and teachers to take part in other tournaments outside the district. With the development of the gyroscopic movement, the sport has been listed as one of the major sports events in Hechi, including the Guangxi Zhuang Autonomous Region ethnic minority sports games and the minority and ethnic sports games. [2] a questionnaire survey shows that in Hechi, all primary and junior high schools will study gyroscope sports as a compulsory item in physical education classes, while key senior high schools at the municipal level will take it as one of the examination items in physical education classes, organize gyroscopic societies. Schools in Hechi have added it to the sports of the school

sports games, setting up a special area for folk sports competitions as a special area for the games in addition to field and track events. In addition, the gyrosopic movement constantly evolved, from the minority villages into the campus, gradually into people's vision, but also stood on a higher stage.

(3) to understand the significance and feasibility of the gyroscope movement entering the campus. Gyroscope is an activity aimed at entertainment and fitness. It is not only an ordinary sports event, but also carries the wisdom of the ancestors, is a kind of sports inheritance, needs us as the youth generation to study, to inherit the tradition, the development innovation. Gyroscope movement is also a kind of non-material cultural folk sports, need to pass on. Gyroscope sports into the campus, is conducive to our in-depth understanding and experience of traditional sports, more conducive to our continuation of the spirit of traditional Chinese sports. [3] the gyroscope movement is easy to use, the rule is simple, enters the campus popularizes the difficulty to reduce greatly. Therefore, the gyroscope as a traditional sports into the campus of a higher feasibility.

2. PROBLEMS WITH THE STATUS QUO OF GYROSCOPIC SPORTS IN HECHI SCHOOLS

The development of gyroscope movement is not smooth, its development from its origin to the present is also a process of experiencing setbacks. The sport is now popular on Hechi's campuses, with most schools including it as a test item. In the course of the study, it was found that although the coverage of gyroscopes was increasing, it was only in the urban areas of Hechi. The popularization of gyroscope in the process of development has met with problems, but it also has to face the problem of innovation.

(1) the lack of professional teaching in the campus gyroscope movement in schools, students lack of professional knowledge in the gyroscope movement, sometimes easy to cause the phenomenon of self-injury or others. Because whip, whip speed is fast, force is fierce to be able to guarantee the top to turn fast and long. A long thin whip, combined with a quick whip, can easily be drawn to the hand or forehead. Gyroscope itself is a thick object, a cone-shaped, the lower part of the more sharp whip out of the gyroscope, if the improper operation is easy to be hit by the gyroscope. Without professional guidance, students are mostly in a fumbling stage of gyroscope movement, unable to master real professional skills. At present, most primary and secondary schools in Hechi lack professional PE teachers. Although the Education Bureau has sent teachers abroad to participate in the training of traditional ethnic sports, there is a lack of professional physical education teachers to participate in the training and it is difficult to cover all primary and secondary schools. [2] Some teachers can only teach by video because of their own limitations, so that students can watch video learning independently. Without the field teaching practice, students can not master the gyroscope skills, resulting in students can not accept unfamiliar sports, gradually lost interest in gyroscope. [4]

(2) lack of innovation in traditional gyroscopic sports currently in Hechi campus gyroscopic sports competition in a single form, mainly based on the length of gyroscopic rotation to determine the winner or loser. All competitions are individual events, each person two opportunities, two gyroscope spin the number of seconds added, the sum of the number of seconds to the final results, according to the length of the Order of time, set the first, second, third prize. Because is by the individual participation, the contestant is numerous, waits for the competition time to be long, the activity is unitary. The difference between each place in seconds is extremely low, set too few awards, seriously hit the students on the enthusiasm of gyroscope movement. The single form of the competition inevitably makes people feel boring.

(3) insufficient measures and a single mode of publicity work Hechi has organized the corresponding national traditional sports competitions every year, but there are certain

limitations. Most participants are restricted to junior high school, with low participation rates in primary and high school. The main reason is that the publicity efforts are not in place. When the education bureau issues a task, the main target of concern is junior high schools. The publicity coverage is not extensive enough, and some primary and senior high schools do not receive certain publicity, it is difficult to understand the local development of gyroscopic movement, can not interest the students. [5] although Hechi's education bureau has launched a campaign to promote traditional ethnic sports in schools this year, it has not done enough publicity and fewer schools have participated in the campaign. It is found that the proportion of national traditional sports is still small, and the popularity of national traditional sports among students is not enough.

3. SOLVE THE PROBLEMS ENCOUNTERED IN THE INHERITANCE AND DEVELOPMENT OF GYROSCOPES THROUGH INVESTIGATION

we found the existing problems in the development of gyroscopic sports on Hechi's campus, and fundamentally understood the problems in the inheritance and development of gyroscopes. For the gyroscope movement to be able to develop continuously in Hechi, expand its popularity, increase the popularity rate, at the same time let more students learn gyroscope, accept gyroscope, inherit the spirit of the gyroscope. There are several ways to solve the problem of gyroscopes on Hechi campuses.

(1) schools should arrange physical education teachers to learn the professional knowledge of gyroscopes, and standardize teaching. Schools should organize physical education teachers to uniformly learn the professional knowledge of gyroscopes, so as to embody the theoretical knowledge learned in teaching practice; So that more students can get the right teaching. The gyroscope movement itself is also a relatively simple movement, simple rules, simple materials, it is easy to let students hands-on practice, to achieve a certain movement effect. Physical education teachers as long as in-depth study and receive a simple training and learning, it is fully competent for the teaching of gyroscope. [6](2) the school carries on the innovation gyroscope competition form to the gyroscope as one kind of school sports meeting item to reside in the campus, the partial junior high school campus regards this item as a physical education compulsory course as the ordinary appraisal result part, some primary schools and kindergartens carry out gyroscopic sports in a festive manner. Schools not only have individual gyroscope competitions, but also can innovate on top of gyroscope competitions, such as group gyroscope competitions and fancy gyroscopes. In addition, it is possible to combine gyroscopes with other folk sports, such as combining gyroscopes with diabolo to form an organic combination of sky gyroscopes and underground gyroscopes. The top can also be combined with dance, not only to get physical exercise, but also to enjoy the United States. Not only that, we can also set up a gyroscope inheritance class, teachers and students to make full use of the nation's colorful cultural resources to create literary and artistic works.

(2) promoting gyroscope movement on line, combining classroom teaching theory with offline knowledge with the development of the network era, the internet has been popularized to every household. Therefore, we can use the network means to promote the gyroscopic movement. Setting up news or discussion sections about the gyroscope movement on the school's official website or forum can let students read and discuss news and information about the gyroscope movement on their own, and increase students' recognition, organize more students and friends to participate in the gyroscope movement. [7] there can also be an APP for gyroscopic movement, which can upload video of gyroscopes, and an online gyroscopic competition, allowing students to participate in gyroscopic movement even without a venue. Offline teaching can be combined with classroom, students can be organized to watch interesting gyroscope video, but the classroom also have some explanation and field operation,

verify the authenticity of the video, improve the enthusiasm of students. The offline classroom can also learn the cultural and historical background of the gyroscope and the connotation of the sports spirit contained in the gyroscope through the Chinese class, and infect the students at the spiritual level. [8] the combination of online and offline publicity and education, gyroscope movement to get better development. National Sports can not only improve students' practical ability, but also can improve students' consciousness of national cultural spirit inheritance and improve students' sports cultural accomplishment.

Gyroscope sports can organically combine sports culture with national culture, spread national spirit by means of entertainment, and help students to improve national cultural self-confidence. It not only enriches students' sports life, but also improves their interest in class, and makes them get more all-round development. In the modern construction of today, although the traditional sports gradually faded out of people's vision, but we can not let it gradually disappear in this era. The fine tradition in the folk custom culture also needs us as the youth generation to inherit and innovate, let it integrate into the present society, continue to inherit and carry forward its spirit.

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